

# How do my choices affect my health? (PSHE YR – Healthy me)



## Big Ws: My Safe Adults .....

Put healthy food into my lunch box



Take me to and from school



Take care of me when I feel poorly



## Big Ws: I know how to wash my hands properly

Clean hands



Getting rid of germs



## Big Ws: Stranger Danger

I know what to do if a stranger speaks to me

